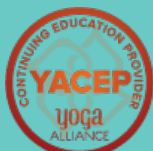




# SERENITY YOGA LEMBONGAN JULY 2018



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2/7	3/7	4/7	5/7	6/7	7/7	8/7
8:00 Vinyasa Flow 16:00 Yin Yoga	8:00 Vinyasa Flow 10:00 Yin Yoga	CLOSED	8:00 Gentle Flow 16:00 Yin Yang	8:00 Vinyasa Flow 16:00 Sunset Flow	8:00 Morning Flow 16:00 Yin Yang	8:00 Vinyasa Flow 16:00 Yin Yoga
9/7	10/7	11/7	12/7	13/7	14/7	15/7
8:00 Morning Flow 16:00 Sunset Flow	8:00 Vinyasa Flow 16:00 Yin Yoga	CLOSED	8:00 Morning Flow 16:00 Yin Yoga	8:00 Gentle Flow 16:00 Yin Yang	8:00 Vinyasa Flow 16:00 Yin Yoga	8:00 Vinyasa Flow 16:00 Sunset Flow
16/7	17/7	18/7	19/7	20/7	21/7	22/7
8:00 Power Yoga (C) 16:00 Yin Yoga (C)	8:00 Vinyasa Flow (C) 10:00 Gentle Flow (J) 16:00 Yin Yoga (J)	8:00 Morning Flow (J) 16:00 Sunset Flow (J) 18:00 Yin Yoga (C)	8:00 Vinyasa Flow (J) 16:00 Yin Yoga (C)	8:00 Morning Flow (C) 16:00 Sunset Flow (J) 18:00 Yin Yoga (J)	8:00 Vinyasa Flow (J) 16:00 Yin Yoga (J)	8:00 Yin Yoga (J) 16:00 Sunset Flow (J)
23/7	24/7	25/7	26/7	27/7	28/7	29/7
8:00 Vinyasa Flow (J) 16:00 Yin Yoga (C)	8:00 Vinyasa Flow (C) 16:00 Yin Yoga (C)	8:00 Morning Flow (J) 15:00 WORKSHOP - Yoga Nidra (C) 18:00 Yin Yoga (J)	8:00 Vinyasa Flow (C) 10:00 Gentle Flow (J) 16:00 Yin Yoga (J)	8:00 Morning Flow (J) 16:00 Sunset Flow (J)	8:00 Vinyasa Flow (C) 10:00 Gentle Flow (J) 16:00 Yin Yoga (J)	8:00 Yin Yoga (C) 10:00 Morning Flow (J) 16:00 Fly High Yoga (C)
30/7	31/7					
8:00 Power Yoga (C) 10:00 Gentle Flow (J) 16:00 Yin Yoga (C)	8:00 Vinyasa Flow (C) 10:00 Gentle Flow (J) 16:00 Yin Yoga (J)					



one class: 120,000 Rp  
3 class card: 300,000 Rp  
5 class card: 450,000 Rp  
10 class card: 750,000 Rp  
week card: 800,000 Rp  
month card: 1,800,000 Rp

WORKSHOP: 200,000 Rp  
3 hours, all workshops include  
lecture, discussion and master  
yoga class

We open 15 minutes before class starts and have everything you need.  
Just bring yourself, a towel and good energy :)

New to Yoga? Join us for Morning Flow, Gentle Flow, Sunset Flow or Yin  
Yoga!

 @serenityyogalembongan

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